

REDMOND HIGH SCHOOL SPRING SPORTS

SEASON BEGINS MARCH 1, 2010

SPORT	LEVEL	COACH
Baseball	Varsity, JV, Soph	Dan Pudwill – dpudwill@lwsd.org
Softball	Varsity, JV	Pat Frable – pfrable@lwsd.org
Golf – Girls*	Varsity	Jake Crowley – jcrowley@lwsd.org
Soccer – Boys *	Varsity, JV, Soph	Pat Scheibe – patrickscheibe@verizon.net
Tennis – Girls	Varsity, JV	Marceil Whitney – mwhitney51@tennisoutreach.com
Track - Boys	Varsity, JV	David Peabody – dpeabody@lwsd.org
Track – Girls	Varsity, JV	Denis Villeneuve – dvilleneuve@lwsd.org

***Ninth graders residing in the RHS attendance area may compete in these sports. All 9th graders must process their eligibility forms at Redmond High School, but purchase their ASB card at their junior high school.**

ATHLETIC ELIGIBILITY PROCESS

All student athletes must complete the athletic eligibility process for each sport and for each season they participate.

1. Academic Eligibility

- Is based upon a student's GPA from the previous semester. He/she must be currently enrolled in at least (4) four full-time subjects.
- 9th, 10th and 11th Graders must have passed all classes with a 2.0 GPA from the previous semester. A student who does not make the initial grade requirement will be placed on academic probation. As soon as the student is passing all classes and has a 2.0 GPA, they may then be reinstated for competition by the athletic director.
- 12th Graders must have passed at least 4 classes from the previous semester. If they did not, the students will be ineligible during the 5 week probationary period.

2. School Fines

- He/she must pay all school fines and return all equipment/uniforms from previous sports teams.

3. ASB Card and Sports Participation Fee

- He/she must submit proof of payment of **ASB fee \$40**. **The Sports Participation fee of \$275 is due when the athlete makes the team and must be paid before the first contest.**

4. Eligibility Forms – both sides of all five forms must be completed

- Gold Physical Examination Card for Interscholastic Athletics / Emergency Card
Physical exams dated June 1, 2004 or later are valid for 24 months
- Purple KingCo Athletic Eligibility
- Yellow Drug, Alcohol and Tobacco Year Round Code
- Green Health Insurance Portability & Accountability Act – Athletic Trainer Consent
- White Sport Specific Safety Rules

5. Clearance Cards

- A clearance card will be issued to the student athlete after all the above requirements are met. Student athletes must present the clearance card to their coach the first day of practice/tryouts. **Without a current clearance card, athletes will not be allowed to participate.**

Athletic Office Hours: 7:30AM – 2::30PM (closed for lunch 1:00-2:00PM)

Bookkeeping/Payment Office Hours: 7:00AM – 2:30PM

Parent Night: Will be determined by each individual coach. Please contact the coach for details.
John Appelgate, Director of Athletics, jappelgate@lwsd.org 425.489.7142